WELCOME TO PORTLAND

OEA Representative Assembly
April 17-18, 2015

Red Lion Hotel on the River — Jantzen Beach
Portland, Oregon
WELCOME!

We have been eagerly awaiting your visit to Portland and are excited to provide this booklet with basic and worthwhile information on our city, to guarantee that your stay here is enjoyable.

Welcome to the City of Roses!

Hanna Vaandering  
President  
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Although many of us who live here came from somewhere else, Oregonians take immense pride in having a green state—the rain helps a lot—and work to maintain it. There are unlimited opportunities to enjoy our wonderful outdoors, whether it be hiking, canoeing, cycling, snow skiing, camping, wind surfing, golfing, fishing or much more.

For inside activities, you can choose from art galleries, opera, symphony orchestra, ballet, jazz clubs, live theatre, wine and beer tasting and, of course, much more. The City of Portland, population 530,000, continually receives top rankings for being one of the most livable cities; being only 90 minutes from the mountains and the coast helps.

For the best exposure to this cosmopolitan city, go to its heart—Pioneer Courthouse Square—on MAX, part of our city’s convenient public transportation system. Or, for a nice walk, consider the South Park Blocks, or Waterfront Park that borders the river, each accessible by MAX.

To prevent being corrected by Oregonians when you speak—and they will—consider learning the following words and pronunciations:

- **Oregon, the state**—OR-ee-gun.
- **Webfoots**—nickname for any Oregonian who has lived here long enough to experience numerous rains and the accompanying physical change. We hope you brought your umbrella!
- **Willamette**—the river that separates the city (wuh-LAM-et), like dammit.
- **The Mountain**—affectionate term for Mt. Hood.
- **City of Roses**—nickname for our city with the Rose Festival celebration the second weekend of June.
- **Pioneer Courthouse Square**—called Portland’s living room, it is located in the center of the city and is paved with bricks containing residents’ names and showcasing several interesting items.
- **The Rack**—Nordstrom’s retail outlet on SW Morrison and 2nd.
- **TriMet**—bus system.
- **MAX**—light rail system.
CITY BLOCKS
Portland is divided into five sections—NW, SW, SE, NE, N—with the Willamette River (and MLK Jr Blvd farther north); dividing east and west and Burnside Street dividing north and south. Thus, the downtown area is in the SW quadrant. The Red Lion at Jantzen Beach is located in the North section.

The city supposedly has the shortest blocks in any American city, so walking is easier than in most other cities. One 200-ft. block in Portland is about 2/3 the length in other cities, so walking is much easier here.

PUBLIC TRANSPORTATION

BUS
Although TriMet is the name of the organization that runs the public transportation system in Portland, locals more commonly use it to refer to the bus system. The best way to plan a bus trip is to go to trimet.org to determine the most convenient route.

LIGHT RAIL - MAX
Nicknamed MAX, the light rail trains travel east and west (blue), north (yellow), south (green) and airport (red).

PORTLAND STREETCAR
This mode of transportation has two lines:
- North South (NS) Streetcar, on the west side, travels mostly along 10th/11th, from South Waterfront to NW 23rd Ave.
- Central Loop (CL) Streetcar, mostly on the east side, loops through the downtown and travels along Martin Luther King Jr Blvd./Grand Ave. to OMSI.

FARES
Fares are the same for each of the three systems—bus, MAX, Portland Streetcar—$2.50 for a two-hour pass. Or, if 65, then $1 with ID. There is no Free Rail Zone downtown anymore.

A slightly different payment system is used for each method of traveling.
• **For Bus**, exact payment—no change is given—is given to the bus operator when boarding.

• **For MAX**, a ticket must be purchased at a machine at the boarding station—change will be given only in coins. The MAX ticket must be validated with time at the machine next to the ticket machine if it is not stamped by the machine when purchased.

• **For the Portland Streetcar**, a ticket can be purchased either at the boarding stop or on the streetcar.

**TAXIS**

It is best to have a hotel employee hail you a taxi. Fare is $2.50 upon entry, then $2.60 per mile and $1 for each additional person.

**FROM HOTEL**

• **Bus**—Take TriMet bus #6-MLK Jr Blvd from stop in front of Jantzen Beach Center (on other side of freeway from hotel) and make transfer at Convention Center depending on where you want to go—with Green, Blue or Red MAX lines at stop.

• **MAX**—Ask for hotel shuttle to catch the Yellow line at the Expo Center, just south of Jantzen Beach Center. The line goes downtown or you can transfer at Rose Quarter to Green, Blue or Red lines.

• **Taxi**—It is best to have a hotel employee hail you a taxi. Cost would be about $25 for one person to travel one-way to downtown.

**FURTHER INFORMATION**

More detailed information and assistance can be obtained at the Portland Oregon Visitors Center (POVA) location in Pioneer Courthouse Square, downtown.
DOWNTOWN
- **Walking tours of downtown available**, including an underground tour in Old Town.
- **Lan Su Chinese Garden**—NW Everett & 4th—can be reached by Blue or Red MAX.
- **Oregon Historical Center**—1200 SW Park—exhibits of Lewis & Clark and more.
- **Oregon Museum of Science and Industry (OMSI)**—1945 SE Water—includes an IMAX theatre. Can be reached by Central Loop (CL) Streetcar.
- **Tram** leaves from South Waterfront and gives a 180-degree view of the city, river and mountains. $4 and accessible by North South (NS) Streetcar.

OUT OF DOWNTOWN
- **Childrens’ Museum**—Hwy. 26 west of downtown, next to Oregon Zoo—for ages up to 13, can be reached on Blue or Red MAX.
- **Japanese Garden**—acclaimed as one of the most beautiful gardens in the United States, can be reached by Bus #63.
- **Oregon Zoo**—Hwy. 26 west of downtown—can be reached on Blue or Red MAX.
- **Pittock Mansion**—100-year old home with unparalleled panoramic view of the city and mountains.
- **Rose Garden**—in Washington Park—a renown test garden featuring thousands of roses, can be reached by Bus #63.
- **The Grotto** (Sanctuary of Our Sorrowful Mother)—a peaceful, lovely setting for a walk with a glass-walled chapel on top of a bluff.
- **World Forestry Center**—Hwy. 26 west of downtown—next to Oregon Zoo, can be reached on Blue or Red MAX.

OUT OF CITY
- **Coast**—approximately an hour-and-a-half drive west of Portland on Hwy. 26—try Cannon Beach or Seaside.
- **Columbia Gorge**—about a 30-minute drive east of the city on I-84—includes Bonneville Dam with sturgeon and trout ponds, Multnomah Falls and many trails.
- **Evergreen Aviation Museum**—McMinnville, southwest of the city on
Hwy. 99W—harbors a full-size replica of the Wright Brothers’ first airplane and the Howard Hughes Spruce Goose.

- **Mt. Hood & Timberline Lodge**—approximately an hour-and-a-half drive east of Portland on Hwy. 26—the lodge is a huge stone and timber structure built during the Depression and recently restored. Great meals.
- **Mt. St. Helens**—about an hour’s drive north of the city on I-5, with several visitor’s center that are spaced between the freeway and the mountain and give different information on aspects of the volcano.

### PARKS

For running, walking, or just contemplating, Portland offers several possibilities:

- **Waterfront Park**—along the Willamette River offers a 2.5 mile continuous loop to walk/run/bike, starting in the park, crossing the Hawthorne Bridge to Eastbank Esplanade and returning across the Steel Bridge to the park again. Originally, the park was a six-lane highway until it was torn out and converted in the early ‘70s. Events are held there practically every weekend during the summer.
- **Park Blocks**—12-blocks long—runs past the Art Museum and through the Portland State University campus.
- **Forest Park**—numerous trails.
- **Washington Park**—contains trails, statuary, picnicking facilities, Rose Garden, tennis courts and Japanese Garden.
- **Columbia River**—from hotel, you can go across I-5 Bridge bike/walkway and connect up with a bike/walkway that follows Columbia River on the Washington side.
Shopping is attractive in Oregon as there is no sales tax. Here are some places in the Portland metro area to consider.

**DOWNTOWN**

- **Numerous stores** along SW Broadway, Morrison and Yamhill streets around Pioneer Courthouse Square.
- **Columbia Sportswear’s only flagship store**—SW Broadway & Yamhill.
- **Made in Oregon** has a variety of products that are made only in Oregon—several locations, including Pioneer Place and Lloyd Center.
- **Nike Portland**—638 SW 5th Ave., across from Pioneer Place.
- **Nordstrom** is NW’s own upscale clothing store—701 SW Broadway St, across from Pioneer Courthouse Square.
- **Nordstrom Rack** is the retail outlet for the regular store—SW Morrison and 2nd.
- **Pendleton Shop** has clothes and blankets from the famous woolen store—SW Salmon & 4th and 220 NW Broadway.
- **Pioneer Place** is a three-block complex of four floors with such stores as Tiffany’s, Fossil, J. Crew, Eddie Bauer, H&M and Apple with a food court and cinema—SW 4th & Yamhill.
- **Powell’s City of Books** is for book lovers who will quickly overdose from four floors of new and used books at the flagship store that covers an entire block—1005 W. Burnside. It’s one of the best world’s best. Cooks’ and gardeners’ store—3747 SE Hawthorne.
- **Riverplace** has several gift-type stores, restaurants and marina —on waterfront, in front of Marriott.
- **Saturday Market** has offered only hand-made crafts and food in an open-air market on both Saturday and Sunday for 20-plus years—Waterfront Park under Burnside Bridge.

**OUT OF DOWNTOWN**

- **Lloyd Center** is Oregon’s oldest covered shopping with numerous major department stores, specialty shops, ice rink, food court and eight-plex cinema—NE Multnomah on Blue or Red MAX.
- **NW 23rd Ave.** is often called “Trendy-Third” as the street offers many upscale shops and restaurants, on NS Streetcar.
• **Pearl District**—the newest gentrification in an old warehouse district with several art galleries, hot-spot restaurants and fascinating home furnishings stores—NW Burnside to Lovejoy, 9th to 14th.
• **SE Hawthorne** features renovated old buildings full of restaurants, clothes, jewelry and more—SE Hawthorne St. from 30th to 50th.
• **SE Sellwood** has several antique stores and restaurants—SE Tacoma & 13th.
• **N Mississippi and NE Alberta** are up-and-coming areas with many stores, restaurants and bars.

**OUT OF CITY**
• **Washington Square** shopping mall has several leading department stores, 110 specialty shops and a food court—Highway 217 & SW Scholls Ferry (southwest of downtown).
• **Clackamas Town Center** shopping mall with several major department stores, more than 100 specialty shops, a multiplex theater and food court—Interstate 205 & SE Sunnyside Rd.
• **Bridgeport Village** shopping mall is the Pacific Northwest’s preeminent fashion and lifestyle shopping center with Apple, Barnes & Noble, Crate & Barrel, 18-theater cinema and several restaurants—Exit #290 off I-5 South, Tualatin.

**FACTORY OUTLET STORES**
• **Nike**—3044 NE Martin Luther King Jr. Blvd.
• **Woodburn Company Stores**—30 miles south of Portland on I-5 (and Oregon’s largest tourist attraction, believe it or not!)
• **Pendleton Woolen Mills**—Washougal, WA, across Columbia River on Hwy. 14
• **Troutdale Factory Outlets**—18 miles east of Portland on I-84.

**ART GALLERIES**
Most galleries stay open late for First Thursday (of the month) to highlight their new exhibits.
• **Portland Art Museum** has a permanent collection of Northwest Indian masks and Asian art and has special exhibitions—1210 SW Park.
• **The Real Mother Goose** is filled with jewelry, glass items, wood objects and more by numerous artists—901 SW Yamhill (on Blue or Red MAX line).
• **Several other galleries** are concentrated in the Pearl District and along SW 1st Ave.
Portland is recognized worldwide for its variety and quality of food. Following is a short list of some of our favorites but one place cannot be left out—Voodoo Doughnuts. If you go—22 SW 3rd Ave. or 1501 NE Davis St—prepare to wait in line. It is famous for the doughnut toppings that range from a maple bar with bacon to Trix cereal to a whole range of other unique toppings.

Reservations are recommended for dining and dress for almost all restaurants is casual. Most restaurants have a Happy Hour from around 4 p.m. until about 6 p.m. and then again later at night for generally filling and inexpensive food.

**WINE**

Oregon continues to acquire gold, silver and bronze medals at many national and international contests for its wine. The largest concentration of wineries is 30 miles SW of the city on Hwy. 99W between Newberg and McMinnville. Also, there are several wine bars in the city. In downtown Portland, check out: **Vino Paradiso Wine Bar & Bistro** (www.vinoparadiso.com)—417 NW Tenth Ave.; **Thirst Wine Bar & Bistro** (www.thirstwinebar.com)—315 SW Montgomery St. #340; and **Metrovino** (www.metrovinopdx.com)—1139 NW 11th Ave.

**BEER**

Known for its numerous, high-quality breweries and brewpubs, Portland now has more brewpubs than any city in the world, including a few that show movies for a small fee, along with food and beer. Check out: **Widmer Gasthaus**—929 N Russell, 503-281-3333 (on Yellow MAX); **McMenamins** **Pubs** (several in city)—check online; **Rogue Ales**—1339 NW Flanders, 503-222-5910; **Rock Bottom Brewery** (from Colorado, though, on Blue or Red MAX)—206 SW Morrison, 503-796-2739 and **Deschutes Brewery & Public House**—210 NW 11th, 503-296-4906 (on Streetcar). For a complete list check out: portlandbrewpubs.com.

**IN HOTEL:**

- **Jantzen Beach Bar & Grill**—offers a variety of lunch, dinner and breakfast selections with a spectacular view of the Columbia River.
- **Jantzen Beach Café & Express Lounge**—located in the lobby and open from 6 a.m. daily, provides a quick bite with grab ‘n’ go items with muffins, pastries, salads and more, including coffee from the espresso bar.
WHERE TO EAT

ACROSS STREET IN FRONT OF HOTEL:
- Burger King, Hooters, Taco Bell, Island Café, Norma’s Kitchen

AT JANTZEN BEACH SUPERCENTER (ACROSS I-5, BUT WALKABLE):
- BJ’s Pizza—503-289-5566—Also, pasta dishes. Moderate.
- Also, Subway, Denny’s, McDonald’s, Bradley’s, Taco Bell.

EAST DELTA PARK (JUST SOUTH OF HOTEL OFF I-5):
- Burger King, Elmers, Shari’s

VANCOUVER (DOWNTOWN):
- Thai Orchid—360-695-7786, 10th & W. Evergreen Blvd. Moderate.

VANCOUVER (ACROSS THE RIVER ON HWY. 14—ALL WITH VIEW OF COLUMBIA RIVER):
- Pacific Grill and Chowder House (Red Lion at the Quay Hotel)—360-750-4940. NW food. Moderate.

NORTH KILLINGSWORTH ST.:
- McMenamins Kennedy School—503-249-3983, 5736 NE 33rd Ave. Brewpub with restaurant, several bars and movie theater.
**DOWNTOWN**

- **Al-Amir**—223 SW Stark, 503-274-0010—great Middle Eastern food. Moderate.
- **Alexis**—215 W. Burnside, 503-224-8577—Athenian taverna atmosphere with excellent Greek food. Moderate.
- **Bijou**—132 SW 3rd, 503-222-3187—across street from the hotel—cannot be beat for breakfast and lunch. Moderate.
- **Dan & Louis Oyster Bar**—208 SW Ankeny, 503-227-5906—unchanged since the restaurant was founded in 1877, the interior resembles the inside of a ship with basic preparation of seafood. Moderate.
- **East India Trading Company**—821 SW 11th, 503-227-8815—Classic Indian cuisine with a contemporary flair and an excellent Happy Hour where you can put together an almost complete meal. Moderate.
- **Gruner**—527 SW 12th, 503-241-7163—A fairly new and not very large German restaurant but was a hit from the day it opened. Moderate.
- **Heathman Restaurant**—SW Broadway & Salmon, 503-241-4100—a historic luxury inn with classic Pacific NW cuisine.
- **Higgins**—1239 SW Broadway, 503-222-9070—a restaurant-of-the year for its marvelous cooking and cozy setting. The adjacent bar serves lighter dishes in a wonderful Old World-style pub. Expensive.
- **Hilton Executive Tower: Porto Terra Tuscan Grill & Bar**—specializes in Tuscan Italian food with the ingredients of the Pacific Northwest. Happy Hour, too. Moderate to expensive.
- **Hubers**—411 SW 3rd, 503-228-5686—Portland’s oldest restaurant (1879) and named a historic landmark. Locally known for its famed Spanish coffee as it is prepared tableside by a talented bartender, it also features down home Northwest cuisine. Moderate.
- **India House**—1038 SW Morrison, 503-274-1017—impressive cooking and presentation of Indian food. Moderate.
- **Jakes’ Famous Crawfish**—401 SW 12th, 503-226-1419—favorite restaurant with locals since 1895, noted for its excellent seafood and daily fresh fish menu. Fun. Moderate to expensive.
- **Masu**—406 SW 13th, 503-221-6278—inventive Japanese cuisine and sushi in a nicely decorated upstairs area. Moderate.
- **McCormick & Schmick’s Harborside**—SW Harbor Way, 503-220-1865, across from Marriott—part of Jake’s restaurant family with seafood, at-
mosphere and every table has a view of the river. Moderate to expensive.

- **Mother’s Bistro & Bar**—409 SW 2nd, 503-464-1122—extremely popular restaurant that was named a restaurant of the year. Home-cooked food, such as macaroni-and-cheese and meatloaf. Moderate.

- **Nel Centro**—1408 SW 6th Ave., 503-484-1099—in remodeled Hotel Modera with French and Italian Riviera-style food. Adjacent bar has happy hour every day. Moderate to expensive.

- **Pazzo** — 621 SW Washington, 503-228-1515—wonderfully cozy atmosphere and solid Italian dishes. Moderate to expensive.

- **Pizzicato**—SW Alder & Broadway, but several other locations, 503-226-1007—gourmet pizza. Moderate.

- **Portland City Grill**—111 SW 5th, 503-450-0030—best view of the city from its 30-floor perch and an extremely popular bar with happy hour everyday. Excellent food and service. Expensive.

- **Portland Prime**—121 SW 3rd, 503-223-6200—in restored early 1900s hotel (now Embassy Suites) with wonderfully prepared steaks and local seafood. The popular bar is well worth a trip, too. Expensive.


- **Saucebox**—214 SW Broadway, 503-241-3393—ultra- swank with pan-Asian food and massive beverage list. Moderate to expensive.

- **Southpark Seafood Grill & Wine Bar**—901 SW Salmon, 503-2326-1300—wonderful wine list to go with well-prepared Mediterranean food. Moderate to expensive.

- **Three Degrees Bar & Grill**—1510 SW Harbor Way, 503-295-6166—in Riverplace Hotel with an elegant waterfront setting and regional cuisine. Expensive.

- **Urban Farmer**—525 SW Morrison, 503-222-4900—in an atrium in the center of The Nines Hotel on the eighth floor with a variety of seating arrangements. A steakhouse with emphasis on using organic and local foods. And for more fun, try out The Departure, a bar on the 15th floor of The Nines, but with only appetizers. Expensive.

- **Veritable Quandary**—1220 SW 1st Ave., 503-227-7342—American classic food in a popular restaurant for the downtown business types. Expensive.
NEAR DOWNTOWN/PEARL

- **Bluehour**—250 NW 13th, 503-226-3394—hot spot restaurant with black clothing being almost de riguer. Expensive.
- **Clyde Common**—1014 SW Stark, 503-228-3333—offers a unique common-table environment with a European- and Northwest-inspired menu. Moderate to expensive.
- **Deschutes Brewery**—210 NW 10th, 503-296-4906—classic pub food and great beer in a relaxed, Northwest style atmosphere. Moderate.
- **Henry’s Tavern**—NW 12th & Burnside, 503-227-5320—100 beers on tap and good food in a restored brewery. Moderate.
- **Papa Haydn**—701 NW 23rd, 503-228-7317—fabulous desserts, both in quality and quantity. Also meals. Moderate to expensive.
- **Silk**—1012 NW Glisan, 503-248-2172—Upscale Vietnamese cuisine beyond the casual noodle soups and grill fare with its own interpretation of traditional Vietnamese flavors. Moderate.
- **SinJu**—1022 NW Johnson, 503-223-6535—Traditional Japanese favorites and regional specialties. Moderate.

OUTSIDE OF DOWNTOWN

- **Castagna**—1752 SE Hawthorne, 503-231-7373—a restaurant-of-the-year with an austere decor but excellent combination of French, Italian and Northwest food. Expensive but with cheaper bar food.
- **SE Division Street**—on this street between SE 30th and 40th, an amazing variety of restaurants have popped up, with almost all being ranked in the top tier of Portland restaurants, such as Pok Pok, Block and Tackle, Sunshine Tavern and Ava Gene’s, to name a few.
- **EaT: An Oyster Bar**—3808 N. Williams, 503-281-1222—A virtual transplant of New Orleans food, tending on the spicy side, with the largest selection of raw oysters in Portland. Inexpensive.
- **Le Bistro Montage**—301 SE Morrison, 503-234-1324—diners line up to get in this funky restaurant with atmosphere, attitude and mostly Southern-influenced menu. Moderate.
- **Screen Door**—2337 E. Burnside, 503-542-0880—Food is southern influenced with biscuits, ham, cornbread, etc. Great for breakfast. Moderate.
THE BEST INFORMATION SOURCES FOR ENTERTAINMENT ARE THESE NEWSPAPERS:

- Willamette Week, free, found in blue boxes on the street and online.
- The Friday issue of “A&E,” an insert in The Oregonian and can be purchased for 75¢ from yellow boxes and online.
- Portland Tribune, free from green boxes and online.
- Portland Mercury, free from green boxes and online.
- PQ Monthly, both free and contain lesbian/gay activities, at selected stores and online.
- portlandmonthly magazine.com

PORTLAND HAS:

- Several top-rated jazz clubs, dance bars and Karaoke bars.
- Darcelle XV, NW 4th, which is popular for its female impersonator shows.
- Several lesbian/gay bars scattered around the city, SW Stark and 13th, blocks around NW Davis and 3rd and more on east side.
- Cinemas—downtown—Fox Tower 10 (SW Park and Taylor), Pioneer Place 6 (SW 4th and Morrison), Living Room (SW 10th and Stark)—and others located around city, including Vancouver.
MAX LINE INFORMATION

**Hours:** Runs from 5 a.m. to midnight.

**For downtown:** Take the hotel shuttle to Expo station on Yellow MAX, which goes directly into downtown. Trip takes approximately 30 minutes.

**For airport:** Take Yellow MAX, change at Rose Garden to Red Line. Trip takes approximately 50 minutes.

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